



Defining Social Inclusion

The original workshops hosted by AHC had the aim of supporting the participants to come to a common understanding of the elements of social inclusion, the variety of definitions that exist and to explore their own feeling around what inclusion would look and feel like. To read more about the original workshops see the Workshop Memories linked to this chapter.

Workshop 2 – Reflecting on and Defining Inclusion (Denis Bell)

Key themes that will be explored in this workshop:

Reflecting on ways people are included

Defining Social Inclusion

Comparing differing definitions of social inclusion including: socio economic, personal and communal

Reflecting on personal experiences of social inclusion

Time:

3 hours

Supplies:

Flipchart with paper

Markers

Overhead projector and gels (optional for displaying handouts)

Handouts

ACTION FOR HEALTHY COMMUNITIES
SOCIAL INCLUSION CURRICULUM

9:00 am – 9:15 am

Introductions and Housekeeping

Allow participants to introduce themselves

Identify smoking areas, bathrooms and break times for the group

9:15 am – 9:30 am

Icebreaker

Examples of icebreakers are included in the Main Appendix.

9:30 am – 10:15 am

Discussing Characteristics of Inclusion

Break the participants into small groups (3 – 4) based on the size of the group.

Provide them the handout labeled 'Characteristics of Inclusion' (Dialog 2, Handout I) and have the groups answer the questions. Have each group report back in the way that feels best for them, i.e. with pictures, words or writing.

10:15 am – 10:30 am

Coffee Break

10:30 am – 11:15 am

Considering different definitions of Social Inclusion

Staying in small groups circulate the handout 'Definitions of Social Inclusion (Dialog 2, Handout II). Have each group compare and discuss the definitions in relation to the questions provided with the handout. Have the groups report back their thoughts.

11:15 am – 11:45 am

Discussion

Display, circulate and discuss the Cornerstones of Social Inclusion. (See Dialog 2, Handout III)

In the large group have the participants provide examples for each of the cornerstones identified in the handout (this should be displayed on an overhead or on a Flipchart) Participants should be asked to give personal examples of times they felt included in relation to these five areas of inclusion.

ACTION FOR HEALTHY COMMUNITIES
SOCIAL INCLUSION CURRICULUM

Facilitator Note:

The participants need to be able to identify ways that people experience inclusion, but also to relate the ways people are included to the cornerstones of social inclusion.

11:45 am – 12:00 pm

Debriefing and Evaluation

Discuss the cornerstones of inclusion and the examples that participants provide as the foundation of the next workshop. Explain that by thinking about how people are included and in what areas we can categorize inclusion, we are better able to identify barriers. (The topic for next workshop)

Have the participants fill out the workshop evaluation form. (See Main Appendix)